



Risk Assessment – Trim Trail

Produced By:	N. Senior	Date of Issue:	19/2/19	Review Date:	1/9/24
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Operating Notes: Centre staff ensure the condition and structure of the trim trail is fit for purpose. The adults that have brought the children to the Study Centre are responsible for the children’s use of and behaviour on the trim trail. Where parents/guardians have left their children in holiday club, the holiday club staff will fulfil the role of supervising adult.

Risk – Benefit Statement: The trim trail is designed to improve children’s balance, fitness and social skills.

Hazard Description and activities giving rise to risk	Who may be harmed	Control Measures	Risk Rating
Cuts and Splinters	Participants	<ul style="list-style-type: none"> The surface of the trim trail will be checked once a month, by a named member of staff, for any changes to the surface that could result in cuts or splinters. All reported issues with the structure or surface of the trim trail should be recorded and action taken Holiday club staff should visually scan the trim trail for issues daily 	low
Bumps and falls	Participants	<ul style="list-style-type: none"> The structure trim trail should be checked once a month, by a named member of staff, to ensure all parts are secure 	low
Strangulation	Participants	<ul style="list-style-type: none"> Holiday club staff should ensure that children do not add play equipment, cones, rope, branches or anything else to the trim trail Visiting supervising adults should also ensure nothing is added to the trim trail that will alter risk 	low

Risk Matrix	Slightly Harmful	Harmful	Extremely Harmful
Unlikely	Low	Low	Medium
Likely	Low	Medium	High
Highly likely	Medium	High	High



Slips and falls	Participants	<ul style="list-style-type: none"> • Visiting supervising adults/ holiday club staff should decide if a change in weather conditions has made the trim trail unsafe for the children they are supervising. E.g. the trail has become slippery. • Supervising adults should ensure children are wearing appropriate footwear. • Visiting supervising adults/holiday club staff should monitor the number of children on the trim trail. They should encourage the children to move around in one direction. If the trail is becoming overcrowded children should be asked to play elsewhere and wait their turn • Supervising adults/holiday club staff should ensure children do not climb on the hand rails • Supervising adults/ holiday club staff should ensure children use the trim trail as a low-level trail • Supervising adults/holiday club staff should ensure that children are of a suitable age and ability to use the equipment safely 	low
First Aid		<ul style="list-style-type: none"> • During the Centre's working hours first aid and first aiders are available on site • Visiting supervisors (e.g. teachers, cub leaders) should provide their own first aid and first aiders 	

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Highly likely	Medium	High	High